



Spring opens its arms,  
daffodils rise from slumber  
Nature is renewed

E. Biddle



Celebration of Yellow and  
International Women's Day



華道專正池坊

kado sensyoikenobo

Elizabeth Biddle, Instructor  
Kado Sensho Ikenobo



Today's Demonstration is in Honor of...

International  
Women's Day and  
all the women of  
the world who  
inspire us







# Kado Sensho Ikenobo School

The Kado Sensho Ikenobo School was started in the 1940s

## **Yudo Moroizumi, First Head Master(1888-1950)**

- Outstanding talent in the art of flower arrangement and tea ceremony
- Studied Ikenobo with Sensho Ikenobo
- Wanted to start his own school and received permission from Ikenobo School
- Published the first school bulletin “Diado”
- Wrote the first “moribana” textbook for students and teachers
- He is the great-grandfather of current Iemoto, Yoriko Moroizumi





# Kado Sensho Ikenobo School



The school strives to popularize quick and simple ikebana designs using only natural materials to fit into the modern lifestyle.

Yoriko Moroizumi, Iemoto





# Kado Sensho Ikenobo School



- Kado is used instead of Ikebana to refer to the beauty of flowers
- Students are encouraged to relax, enjoy and listen to the flowers
- Kado Sensho Ikenobo has three main subjects which represent Heaven, Earth and Humankind
- The Kenzan is only covered when it enhances the overall aesthetic





# My Sensei, Keiko Nakajima Robbins

- Started in 1946 in **O'hara School of Ikebana**
- In 1951, transitioned to **Sogetsu School** under Sofu Teshigahara, First Iemoto of the school, earning her teaching certificate.
- Founded the **I.I. Okinawa Chapter #10**
- In 1976, received her teaching certificate in **Kado Sensho Ikenobo** and founded the **Seiwa Chapter in Okinawa**







# Sensei Keiko Nakajima Robbins

In 2008, Keiko Sensei received the **Japan Foreign Minister's Commendation for outstanding achievements in promoting peace, human security, and friendly relations between Japan and other countries through Ikebana.** This was the first time Ikebana had been recognized adding to this special honor.





# International Women's Day – March 8

- Theme for International Women's Day 2024 is **Inspire Inclusion**
- When we **inspire others** to understand and value women's inclusion, **we forge a better world.**
- And when we are inspired to be included, we develop **belonging, relevance, and empowerment.**
- **Collectively, let's forge a more inclusive world for women.**





# International Women's Day – Mimosa

Mimosa flower represents:



Strength

Sensibility

Sensitivity







# Mimosa

- Mimosa is a genus of roughly four hundred different shrubs and herbs
- Name is derived from the Greek word 'mimos', which means actor or mime,
- It refers to sunlight and summer but symbolizes respect, elegance, dignity, and kindness.
- Life expectancy of trees is 15 or 20 years
- Mimosas only bloom for a couple of weeks, followed by messy spent flowers and seed pods







# Mimosa Harvesting and Conditioning



- Take off the blooms or pinch off the delicate green stems along with the blooms.
- If purchased, leave the mimosa in the plastic wrapping.
- Remove any foliage that will be below the water line.
- Place the stems in 3 inches of boiling water and allow the steam to permeate the plastic bag.
- Leave over night to condition before using.



# Spring - Daffodils

- Represent rebirth and new beginnings
- Origin: Affodyle: “that which comes early”
- United Kingdom: known as “lent lilies” blooming between Ash Wednesday and Easter
- Represent: creativity, inspiration, awareness, inner reflection, forgiveness and vitality





# Harvesting Daffodils



- Cut
  - Before fully opened
  - Flower buds have color
  - “Gooseneck” stage—best vase life
  - **Tip: wait until outer covering around bud has dried and turned papery**
- Use sharp scissors or pruning shears
- Cut just above the base or ground level
- Do not cut off leaves since they help bulb store energy for the following year





# Conditioning Daffodils

- Remove any foliage below water line
- Place stems in two inches of water for six or more hours prior to arranging
- **Tips**
  - Daffodils exude sap
  - Keep separate for the first few hours after cutting
  - Toxic to other flowers—shorten vase life







# Storing Daffodils



- Cool temperature
- Store dry
  - 32 to 34 degrees
  - 90% relative humidity
  - Last up to two weeks
  - Fully wrapped in paper






Thank You!  
for joining  
*Ikebana of Richmond* and me to learn about  
*Kado Sensho Ikenobo*,  
and to celebrate  
the color **yellow**  
and **International Women's Day**







The yellow blooms of  
springtime call attention to  
our art, our womanhood, and  
our impact in the world.

Elizabeth Biddle  
Level Ten Instructor  
Kado Sensho Ikenobo

